

Allergy and Food Intolerance Pampushka

Dish	Gluten	Wheat	Mustard	Nuts	Sesame	Peanuts	Soya	Milk	Lactose	Eggs	Fish	Shellfish	Celery	Garlic	Onion	Lupins	Sulphur Dioxide
Starters																	
Borscht	X	X						X	X	X				X	X		
Shuba										X	X			X	X		
Pelmeni & broth	X	X												X	X		
Potato julienne								X	X					X	X		
Varenkyky																	
Truffle balsamic Savoy cabbage	X	X						X	X			X		X			X
Sardine & Tomato	X	X	X					X	X		X			X	X		
Potato, caramelised onion, smoked cheese	X	X	X					X	x					X	x		
Blood Sausage & stewed apples	X	X						X	X					X	X		

Mains																	
Babusya			X					X	X					X	X		
Golubtsy														X	X		
Venison, cherry mustard sauce			X											X	X		X
Dover sole, lemon & dill butter								X	X		X			X			
Shaslik	X	X						X	X					X	X		X

Allergy and Food Intolerance Data sheet Pampushka

Dish	Gluten	Wheat	Mustard	Nuts	Sesame	Peanuts	Soya	Milk	Lactose	Eggs	Fish	Shellfish	Celery	Garlic	Onion	Lupins	Sulphur Dioxide
Sides																	
Deruny	X	X						X	X	X				X	X		
Warm salad venigret														X	X		X
Salad Elishka				X						X				X	X		
Soviet Korean carrots														X			X

Cherry varenyky	X	X															
Hand Food																	
Little Kievs	X	X							X	X				X			
Wild Mushroom Varenyky	X	X	X											X	X		
Bacon jam Pirozhki	X	X							X	X				X	X		

Allergy and Food Intolerance Data Sheet Pampushka